



DREAMUP SUMMER LEADERSHIP & BUSINESS CAPSTONE

Enjoy 6 weeks of curriculum-based training
on personal development, career
advancement, leading with purpose, and
the basics of starting a business.





Who We Are

Dream Mentorship is a mentoring and professional development 501(c)3 organization designed to provide young women with the preparation and strategies needed to advance in their dream careers because we believe that those dreams are valid.

With our S.M.A.R.T goals model, we provide mentoring, trainings, online courses and workshops on professional development and personal enrichment to young women in North America and West Africa.

Our Mission

We provide women with the resources, mentoring and tools they need to pursue their dreams with confidence and clarity. Our goal is to build a community that supports the dreams of 21-34 year old women, whether that is working in a 9-5 job or starting their own business.

About

DreamUp Summer Program

DreamUp Experience summer mentoring & leadership capstone is the signature women's empowerment program for Dream Mentorship. Every year, 20-34-year-old women join us for 6 weeks of curriculum-based training on personal development, career advancement, leading with purpose, and the basics of starting a business.

Participants are seeking opportunities to advance in their career and we strive to support, equip and educate them.



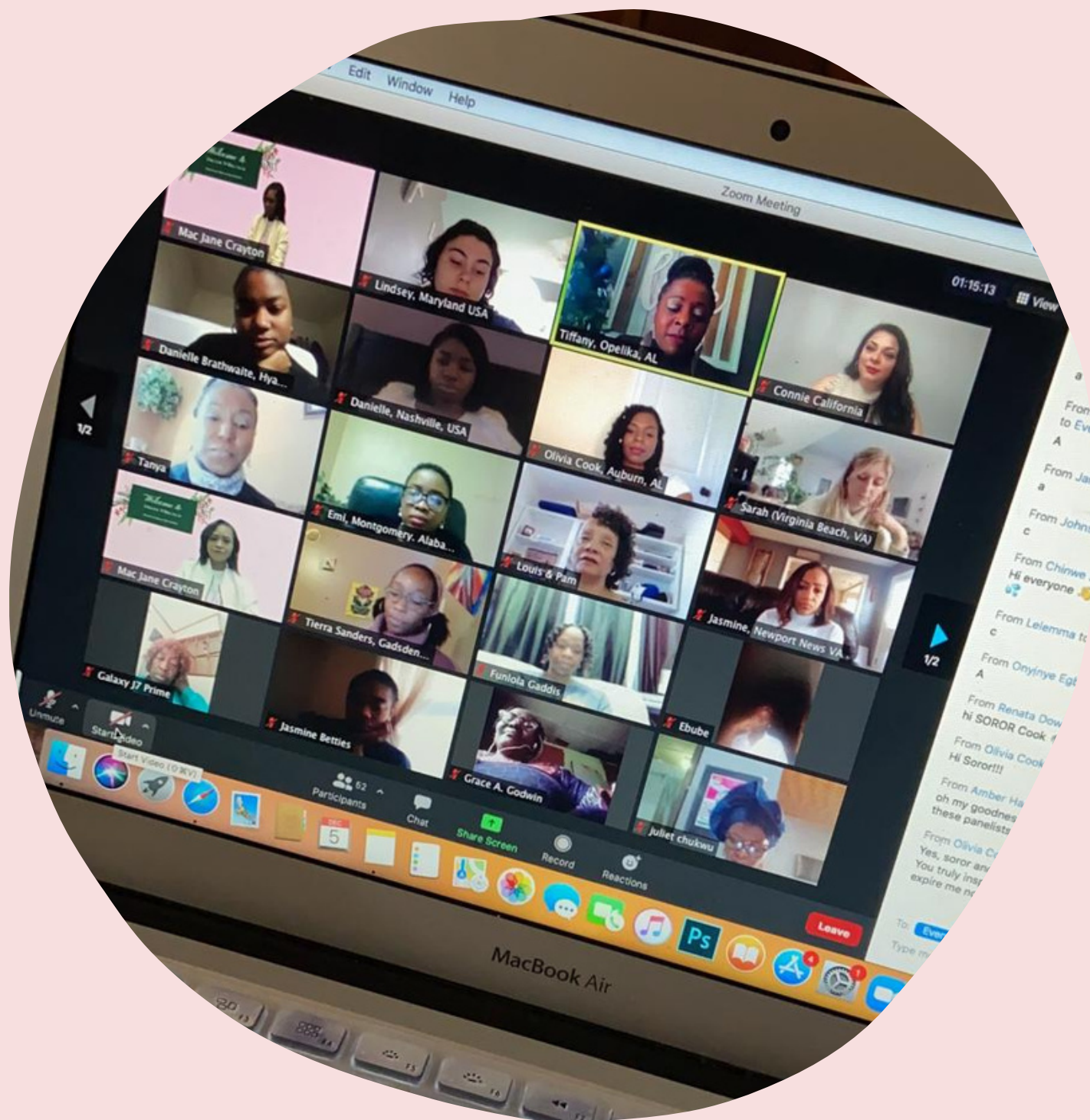


Goal of DreamUp Experience

What gets you excited in the middle of the night? What drives you every day? What gives you chills just thinking about it? And how do you intend to accomplish it? In 2 years, where do you see yourself?

The goal of this program is to help members discover who they are and start living the life they truly desire. A strategic guide to being the best version of yourself will be our endpoint for each class.

If you are unsure of what your dream is, where you see yourself in 5 years or you know but unsure about how you will get there. Don't worry, that's what this hopes to help you do: **DISCOVER YOURSELF** and **START LIVING THE LIFE YOU DREAM OF!**



Expect to Learn

- Your identity, goals, dreams (we use a lot of assessments and tests)
- What your strengths and weaknesses are. What you are called to do in life.
- Creating an effective vision board and strategically working on your S.M.A.R.T goals.
- How to start your own business/nonprofit - basics such as crafting your bio, a business plan, pitch deck, and business canvas will be taught.
- How to optimize your resume and prepare for interviews.
- Building Confidence; self-esteem and self-love
- Dealing with fear, anxiety, stress, anger, and depression.
- Finding your joy back, and living your best life.
- Being financially, spiritually and physically fit.



Mentee Testimonials



Kathryn Brooke Skinner. Colorado, USA

The most valuable asset I gained from the Dream Mentorship was a community of women in different stages of life seeking to make a difference in the world bigger than just themselves. It was encouraging to hear the success stories and journeys of women who have found their way in life to make an eternal impact, while also learning about the struggles and triumphs of women my own age, trying to figure out what's next. The dream mentorship helped give me the tools, direction, support, and encouragement I needed to walk boldly into the person the Lord has called me to be."



Lauretta Oyoh, United Kingdom

"The program was indeed loaded, in fact 2hrs seems to go by so quickly, I was amazed at the delivery of the program, it was rich, real, and designed for the participants to be able to identify and explore traits that were specific to them, and this was the beautiful thing about the program, unlike some courses where the facilitator pushes a lot of generic information and try to get all participants to fit into a box, dream mentorship was so different, very different.

The program also availed us the opportunity to meet wonderful women/ ladies from all over the world, (as participants and guest speakers), and it was very refreshing to see everyone had that thirst for continuous improvement, and it was a beautiful reminder for me that we all have challenges, it's not always going to be easy but we must have courage and faith in the word of God."

Your Role

What we expect from you

- Login via zoom to each session every Saturday at 9 am -11 am Central time
- Meet with your personal mentor once a week via any device most convenient for you two (who will be a company executive, community leader, or industry boss).
- Participate in breakout rooms and class conversations.
- Make new friends from several parts of the world
- Come with a notepad and questions.
- Log in via Zoom (ensure you have stable internet). Log in ID will be sent in an email before every class.





Our Action Plan!

WHAT YOU CAN EXPECT FROM US

- Each week, we will cover a new topic via zoom.
- A worksheet will be provided for you to download to follow along.
- If you have questions at any point in time, you can schedule a one-on-one mentoring session with our Founder or other Mentors.
- You will be provided a certificate at graduation after completing program.
- We will provide a mentor for you during the 6 weeks training.
- We will support, encourage and cheer for YOU! You can count on that.

CONTACT INFO

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www.dreammentorship.org



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